

Sherman Commission on Aging
Monthly Meeting Minutes
Monday, September 21, 2015
Mallory Town Hall, 6:00 PM

FINAL

Present: J. Wey, A. Jellen, J. McRoberts, J. Garcia and E. Hayes

Absent: S. McMahon

Public & Invited: Social Services Director, B. Trott, D. Lowe, C. Faure and Commission Clerk C. Branson

Call to Order: Chair, J. Wey Called the Meeting to Order at 6:05 p.m.

Senior Center Report:

Social Services Director, B. Trott delivered the monthly report. There will be flu clinic Monday September 28 from 9am to 1pm at the ESF building. There is a need for volunteers. B. Trott discussed the roles of the volunteers. The key will need to be picked up the Friday before. Tables and chairs are stored at the ESF and the copier from Suzett's office will be brought over for making copies of insurance cards. Ms. Trott informed the Commission of an upcoming event held by CT Commission on Aging, Agent Ritter on October 16th at the New Milford Senior Center, all municipal boards and agents are invited to attend. A point of discussion will be Senior Nutrition. Additionally there is good book available at the Center entitled Elder Law Boot Camp which covers steps necessary for estate planning and health planning for long term care directives. Ms. Trott will make copies of articles if anyone would like.

Approval of Minutes of June 15, 2015:

Commissioner J. McRoberts Moved to Approve the Minutes of Regular Monthly Meeting June 15th, 2015 as written.
Seconded by: J. Garcia Vote: For: Unanimous

Approval of Minutes of July 20, 2015:

Commissioner J. McRoberts Moved to Approve the Minutes of Regular Monthly Meeting July 20, 2015 as written.
Seconded by: A. Jellen Vote: For: Unanimous

New Business

Annual Report:

Chair, J. Wey provided a brief report for Commission approval to submit to the First Selectman. The report was read into record.

Commissioner J. McRoberts Moved to Approve the Annual Report for FY 2014-15 as presented by Chair, J. Wey.
Seconded by: E. Hayes Vote: For: Unanimous

Old Business

Senior Population by Age Groups

Commissioner S. McMahon provided a voters list with population by age for future discussion.

Senior Center Security Discussion Senior Center Technology Discussion

The Commission discussed the need to update security at the Center, by installing a doorbell for the back door. Commissioner E. Hayes stated he will look into this matter and report back next month. Discussion moved to the need for new computers. The Commission will reach out to Suzette for recommendations on the number and type of computers the Center would like, additional input shall be asked of Kathy Retter.

Commissioner E. Hayes Moved to request the support of the "Friends of the Senior Center" to seek funding to purchase new computers for the Senior Center.

Seconded by: J. McRoberts **Vote: For: Unanimous**

"Did you know" Article Discussion

There are archived articles from the past in the binder that can be referred to for ideas, and updates.

Grants

The Commission requested an update regarding the replacement of the Senior Van. That information can be provided by First Selectman's Administrative Assistant. There was a general discussion of the procedures that are needed to seek a grant. B. Trott stated there are many grants available all it would require is a bit of research on the internet. The Commission can recommend grants to the Suzette and Lynn.

Duties of the Board Chair, Vice- Chair and Secretary:

The Commission would like to clarify what the various duties and responsibilities of the three seats were. B. Trott recommended asking the First Selectman's Administrative Assistant for clarification of duties as well as by-laws. This information is most likely in the binder. This discussion shall continue at the next meeting.

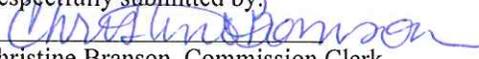
General Discussion:

Chair, J. Wey and Commissioner E. Hayes attempted to view the webinar the State provided earlier today. They were unsuccessful though. Art Van Plachecki provided a brief synopsis: CT is one of the "oldest" states, meaning the highest population is over the age of 65. The discussion emphasized on alternative housing options for the aging. This was broken down into eight categories.

Adjournment

Chair, J. Wey Adjourned the Meeting at 7:05pm.

Respectfully submitted by:



Christine Branson, Commission Clerk

APPROVED AS FINAL October 19, 2015