

Sherman Commission on Aging

Minutes

Oct. 21, 2013

Present: Lorna Barrett, Jeanette Perlman, Peter Cohen, Jill Finch, Carol Voorhees, John Jenner. Beth Trott, director of social services. Lynne Gomez, clerk.

Minutes of the September meeting were approved as read.

Report of Senior Center Coordinator: Suzette reported that flu clinic was run successfully with 90 Flu shots administered. Exercise program Flex Appeal was a success also. Seniors have continued the program on Tuesdays at 10 a.m. Recent trips are River Cruise on Hudson and Walkway over the Hudson. This week there is a trip to Abbey at Bethlehem. Save the date for Thanksgiving Luncheon on Nov. 20 at 1 pm New assistive hearing device was purchased and is available. It will be used tonight at housing meeting. Newsletter is done and will be inserted into the Citizen News this week.

Report of the Director of Social Services: Beth gave a program on Medicare and the Affordable Care Act.

- Energy Assistance is underway.
- Social Services is taking over the Holiday gift drive this year.
- Thanksgiving baskets will be done by Hungerford Place, not social services.
- Beth has been meeting daily with Sherman residents regarding Medicare changes.

Sherman Steps Up: COA participation in the Halloween Bash was discussed and set.

Housing Update: Debate tonight on the topic of Housing, with each of the six candidates for selectman. Discussion followed on status of proposal re: affordable senior housing.

Aging Advocate: Next article is set. Topic: Seniors and Sexuality. Discussion and minor edits ensued. It will run without attribution, just an article from Commission on Aging. The topic generated good discussion.

Assistive Hearing system was demonstrated.

Student intern Manny Colon discussed the Gatekeeper Program.

WestConn now houses the Center for Compassion, Creativity and Innovation. The program includes outreach to communities and schools. WestConn revised its core curriculum reflecting the goals of the center. Discussion of mission statement ensued. Discussion also followed on the character of the Town of Sherman.

Motion to Adjourn. Next meeting: Monday, Nov. 18, 2013

Submitted, Lynne Gomez, Clerk

